

Preventive Drug List

Preventive care coverage is an integral part of a comprehensive health care plan that includes preventive drug therapies. Under some plans, you may not be required to pay a copay, coinsurance (the percentage of the cost of your covered medical expenses after you meet your deductible) and/or deductible (the amount you pay before your plan starts to pay) for preventive medications.

Preventive medications are those prescribed to prevent the occurrence of a disease or condition for those individuals with risk factors, or to prevent the recurrence of a disease or condition for those who have recovered, and do not include drugs used to treat an existing illness, injury or condition.

Preventive medications are those used for the prevention of conditions such as high blood pressure, high cholesterol, diabetes, asthma, osteoporosis, heart attack and stroke, and prenatal nutrient deficiency.

Below is a list of brand-name preventive medications that have generic equivalents. You can also check the Drug List on myCIGNA.com for more information and new updates to this list. Preventive medications on the online Drug List are indicated with a "PM" after the drug name.

Refer to your plan materials to determine if your plan includes a preventive medication coverage feature.

Health Care Reform and You. The Patient Protection and Affordable Care Act (PPACA), commonly referred to as "health care reform", was signed into law on March 23, 2010. This important legislation will result in changes to every American's health coverage. Some of the changes are taking effect in 2010 and most of the law's effects will be felt by 2014.

CIGNA will comply with all provisions of the law including those that impact your pharmacy coverage plan. For example, depending upon the final government regulations, coverage for medications that have not traditionally been included in pharmacy plans, such as specific over-the-counter (OTC) medications, may be made available at no cost share to you. As with all covered medications, we would require a prescription from your doctor to process the claim under your pharmacy plan (including OTC medications).

To get the most current information visit www.informedonreform.com or **CIGNA.com** and look for the "Informed on Reform" link.

Asthma Related

Accolate
Accuneb (albuterol sulfate)
Advair
Advair HFA
Aerobid
Aerobid-M
Albuterol Sulfate (albuterol sulfate)
Alupent
Alvesco
Aminophylline (aminophylline)
Aminophylline Tablet (aminophylline)
Asmanex
Atrovent (ipratropium bromide) (nebulizer solution)
Atrovent (ipratropium bromide) HFA
Bricanyl (terbutaline sulfate)
Broncomar-1
Brovana
Cafcit (caffeine citrated)
Cromolyn Sodium (cromolyn sodium) (nebulizer solution)
Dilex-G 400
Dilor-G (guaifenesin/dyphylline)

Asthma Related (continued)

Dyflex (Dylix) (dyphylline)
Dyflex-G (guaifenesin/dyphylline)
Dulera
Ed-Bron G (guaifenesin/theophylline)
Elixophyllin GG
Elixophylline (theophylline anhydrous)
Elixophylline Sr (theophylline anhydrous)
Flovent
Flovent Diskus
Flovent HFA
Foradil
Isoetharine HCL (isoetharine hcl)
Lufyllin (dyphylline)
Lufyllin-400
Lufyllin-GG (guaifenesin/dyphylline)
Maxair
Maxair Autohaler
Metaproterenol Sulfate (metaproterenol sulfate)
Panfil G (guaifenesin/dyphylline)
ProAir HFA
Proventil HFA
Pulmicort (budesonide)
Quibron
Quibron T/SR (theophylline anhydrous)
Quibron-300
Quibron-T
Qvar
S-2
Serevent
Serevent Diskus
Singular
Spiriva
Symbicort
Theo-24
Theochron (theophylline anhydrous)
Theo-Dur (theophylline anhydrous)
Theophylline
T-Phyl (theophylline anhydrous)
Uniphyl (theophylline anhydrous)
Ventolin HFA
Vospire ER (albuterol sulfate)
Vospire ER (albuterol sulfate)
Xolair
Xopenex (levalbuterol) (nebulizer solution)
Xopenex HFA
Zyflo
Zyflo CR

Blood Pressure Related

Accupril (quinapril)
Apresoline (hydralazine hcl)
Accuretic (quinapril hcl/hctz)
Aceon (perindopril erbumine)
Acetazolamide (acetazolamide)
Adalat CC (nifedipine)
Aldactazide (spironolactone/hctz)
Aldactone (spironolactone)
Aldoclor-250
Aldomet (methyldopa)
Altace (ramipril) (caps only)
Aprezide (hydralazine/hctz)
Atacand
Atacand HCT
Avalide
Avapro
Azor
Benicar
Benicar HCT
Betapace (sotalol hcl)
Betapace AF (sotalol hcl)
Blocadren (timolol maleate)
Bumex (bumetanide)
Bystolic
Caduet (see Cholesterol Related)
Calan (verapamil)
Calan SR (verapamil)
Capoten (captopril)
Capozide (captopril/hydrochlorothiazide)
Cardene (nicardipine hcl)
Cardene SR
Cardizem (diltiazem)
Cardizem CD (diltiazem)
Cardizem LA (diltiazem 24HR ER)
Cardura (doxazosin mesylate)
Cardura XL
Catapres (clonidine hcl)
Catapres-TTS 1 (clonidine)
Catapres-TTS 2 (clonidine)
Catapres-TTS 3 (clonidine)
Chlorthalidone (chlorthalidone)
Clorpres (clonidine)
Coreg (carvedilol)
Coreg CR
Corgard (nadolol)
Corzide (bendroflumethiazide/nadolol)
Covera-HS
Cozaar (losartan potassium)

Blood Pressure Related (continued)

Demadex (torsemide)
Demser
Diamox (acetazolamide)
Diamox Sequels
Dibenzyline
Dilacor XR diltiazem
Diltiazem HCL (diltiazem)
Diovan
Diovan HCT
Diuretic Ap-ES (hydralazine/reserpine/hctz)
Diuril (chlorothiazide)
Diutensen-R
Dyazide (triamterene/hctz)
Dynacirc CR
Dyrenium
Edecrin
Enduronyl
Enduronyl Forte
Esimil
Exforge
Exforge HCT
Felodipine (felodipine)
Flumezide (rauwolfia serpentina/bfmrzt)
Furosemide (Solution)
Guanabenz acetate (guanabenz acetate)
Guanabenz acetate (guanabenz acetate)
Hydralazine HCL (hydralazine hcl)
Hydrochlorothiazide
Hydrodiuril (hydrochlorothiazide)
Hydroplus-50 (reserpine/hydrochlorothiazide)
Hydroplus-50 (reserpine/hydrochlorothiazide)
Hygroton (chlorthalidone)
Hytrin (terazosin hcl)
Hyzaar (losartan potassium/hctz)
Indapamide (indapamide)
Inderal (propranolol hcl)
Inderal LA (propranolol hcl)
Innopran XL
Inspra (eplerenone)
Inversine
Isradipine (isradipine)
Kerlone (betaxolol hcl)
Lasix (furosemide)
Levatol (betaxolol hcl)



Blood Pressure Related (continued)

Lopressor (metoprolol tartrate)
 Lopressor HCT (metoprolol/hctz)
 Lotensin (benazepril hcl)
 Lotensin HCT (benazepril hcl/hctz)
 Lotrel (benazepril hcl/amlodipine bs)
 Lozol (indapamide)
 Mavik (trandolapril)
 Maxzide (triamterene/hctz)
 Methyldopa (methylopa, Methyldopa/
 Hydrochlorothiazide)
 metoprolol tartrate (metoprolol
 tartrate)
 Micardis
 Micardis HCT
 Microzide (hydrochlorothiazide)
 Midamor (amiloride hcl)
 Minipress (prazosin hcl)
 Minizide 1
 Minizide 2
 Minizide 5
 Minoxidil (minoxidil)
 Moduretic (hydrochlorothiazide/
 amilor hcl)
 Monopril (fosinopril sodium)
 Monopril HCT (fosinopril sodium/hctz)
 Naturetin-5
 Neptazane (methazolamide)
 Nifedipine (nifedipine)
 Nimotop (nimodipine)
 Normodyne (labetalol hcl)
 Norvasc (amlodipine besylate)
 Pindolol (pindolol)
 Prinivil (lisinopril)
 Prinzide (lisinopril/hydrochlorothiazide)
 Procardia (nifedipine)
 Procardia XL (nifedipine)
 Propranolol HCL (propranolol hcl)
 Propranolol HCL
 Propranolol HCTZ (propranolol/hctz)
 Renese-R
 Reserpine (reserpine)
 Saluron (hydroflumethiazide)
 Salutensin Demi (reserpine/
 hydrochlorothiazide)
 Sectral (acebutolol hcl)
 Sular
 Tarka (trandolapril/verapamil hcl)
 Tekturna
 Tekturna HCT
 Tekturna HCT
 Tekturna HCT
 Tekturna HCT
 Tenex (guanfacine)
 Tenoretic 100 (chlorthalidone/atenolol)
 Tenoretic 50 (chlorthalidone/atenolol)
 Tenormin (atenolol)
 Terazolin HCL
 Teveten
 Teveten HCT
 Thalitone
 Tiazac (diltiazem)

Blood Pressure Related (continued)

Timolide
 Timolol Maleate (timolol maleate)
 Timolol Maleate
 Toprol XL (metoprolol succinate)
 Trandate (labetalol hcl)
 Triamterene W/HCTZ (triamterene/hctz)
 Tribenzor
 Twynsta
 Uniretic (moexipril hcl/hctz)
 Univasc (moexipril hcl)
 Valturna
 Vaseretic (enalapril maleate/hctz)
 Vasotec (enalapril maleate)
 Verelan (verapamil)
 Verelan PM (verapamil)
 Zaroxolyn (metolazone)
 Zebeta (bisoprolol fumarate)
 Zestoretic (lisinopril/
 hydrochlorothiazide)
 Zestril (lisinopril)
 Ziac (bisoprolol/hctz)

Blood Thinner

Aggrenox
 Coumadin (warfarin, Jantoven)
 Effient
 Persantine (dipyridamole)
 Plavix
 Pletal (cilostazol)
 Ticlid (ticlopidine hcl)

Cholesterol Related

Advicor
 Altoprev
 Antara
 Crestor
 Caduet (see Blood Pressure Related)
 Fenoglide
 Fibracor (fenofibric acid)
 Fenofibrate (fenofibrate)
 Lescol
 Lescol XL
 Lipitor
 Lipofen
 Lofibra (fenofibrate)
 Lofibra (fenofibrate, micronized)
 Lopid (gemfibrozil)
 Lovastatin (lovastatin)
 Lovaza
 Livalo
 Mevacor (lovastatin)
 Niacor
 Niaspan
 Pravachol (pravastatin sodium)
 Simcor
 Tricor
 Triglide (fenofibrate) (160mg tab only)
 Trilipix
 Vytorin
 Zetia
 Zocor (simvastatin)

Diabetes Related

Actoplus Met
 Actos
 Amaryl (glimepiride)
 Apidra
 Avandamet
 Avandaryl
 Avandia
 Byetta
 Diabeta (glyburide)
 Diabinese (chlorpropamide)
 Duetact
 Dymelor (acetohexamide)
 Fortamet
 Glucophage (metformin hcl)
 Glucophage XR (metformin hcl)
 Glucotrol (glipizide)
 Glucotrol XL (glipizide)
 Glucovance (glyburide/metformin)
 Glumetza
 Glycron
 Glynase (glyburide micronized)
 Glyset
 Humalog
 Humalog Mix 50/50
 Humalog Mix 75/25
 Humulin 50/50
 Humulin 70/30
 Humulin L
 Humulin N
 Humulin R
 Humulin U
 Iletin II Pork Lente (insulin zinc
 pork purified)
 Janumet
 Januvia
 Lantus
 Lantus solostar
 Levemir
 Metaglip (glipizide/metformin hcl)
 Micronase (glyburide)
 Novolin 70/30
 Novolin 70/30 Innolet
 Novolin N
 Novolin R
 Novolin70/30
 Novolog
 Novolog Mix 70/30
 Onglyza
 Prandin
 Prandimet
 Precose (acarbose)
 Riomet
 Starlix (nateglinide)
 Symlin
 Tolbutamide (tolbutamide)
 Velosulin Human BR
 Victoza

Osteoporosis Related

Actonel
 Actonel with Calcium
 Boniva
 Didronel (etidronate disodium)
 Evista
 Forteo
 Fosamax (alendronate)
 Fosamax Plus D
 Miacalcin (Fortical) (calcitonin-salmon)
 Miacalcin (calcitonin-salmon)
 Skelid

Representative Prenatal Vitamins

All prescription strength prenatal vitamins qualify as preventive medications

Citrinatal
 Duet
 Duet DHA
 Duet DHA EC Stuartna
 Duet DHA Stuartnatal (iron b-g suc-p/
 pnv2/folic acid)
 Duet Stuartnatal
 Foltabs Prenatal Plus D
 Gesticare
 Gesticare DHA
 Materna (prenatal vitamin)
 Maternal Plus 90 (prenatal vitamin/
 iron/fa)
 Natachew
 Natafort (pv w-o cal/fe carb-fes04/fa)
 OB Complete
 OB Complete DHA
 Precare
 Precare Conceive
 Precare Premier
 Prenatal Vitamin
 Primacare Advantage
 Stuart Prenatal (prenatal vitamin/
 fe fumarate/fa)
 Stuartnatal Plus (prenatal vitamin/
 iron/fa)
 Stuartnatal Plus 3 (prenatal vit/
 fe fumarate/fa)
 Tricare DHA
 Viva DHA